

Steamboat Soccer Academy

Peak Performance Soccer Camps in the Colorado Rocky Mountains

Steamboatsocceracademy.com

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970.846.3270

Dear Parents and Players:

The 2010 Steamboat Soccer Academy High School Soccer Camp is just around the corner, and we are in the process of putting together the final details for a great soccer camp. Please read the following information so that you will be well prepared prior to the start of your camp session.

Please do not hesitate to contact us if you have any questions. We are looking forward to a great week of camp.

See you on the field,

Rob Bohlmann

Steamboat Soccer Academy Director

Check In Details for the Steamboat Soccer Academy High School Camp July 19-23, 2010

- Check-in time for the SSA HS Camp will be held from 12:00-1:30 pm on Monday, July 19, 2010 at Colorado Mountain College, Alpine Campus, Hill Hall, Steamboat Springs, CO. (please see enclosed directions)
 - Live-in participants can start checking into their dorm rooms at 12:00.
 - Day Campers options 1 and 2 can begin checking in at 12:30pm.
 - The schedule for opening day:

12:00-1:30	Player Check-in
1:45	Opening Meeting
2:45	Shuttle to the fields
3:00-4:45	<u>Field Player & Goalkeeper Session #1</u>
4:50	Shuttle to the College
5:30-6:30	Dinner
6:45	Shuttle to the fields
7:00-8:35	<u>SSA Tournament Opening Match Games #1</u>
8:45	Shuttle to College/Day Campers dismissed.
9:00-9:30	Classroom session: Principles of Play
9:30-10:00	Rest and Relax
10:00	Everyone must be in your own dorm room!
10:45	Lights Out!

- **Please bring your Medical Consent form to check-in; Athletes will not be able to participate without SSA having this on file.**
- At check in you will be given a Steamboat Soccer Academy Youth Camp schedule and SSA Camp t-shirt.

Other Important Information

- Contact information during the Academy High School Camp: At any time during the Academy High School Camp you can leave message for your son/daughter by contacting SSA Director Rob Bohlmann's cell phone 970.846.3270. If we do not answer directly please leave a message and we will be checking for messages regularly. Additionally, most of the dorm rooms at the college will have phones so you can contact your son/daughter directly in the evenings or early mornings or on their personal cell phones.
- Day Camper Option 1 and Option 2
 - Day Camper Option 1 participants will need to be dropped off at the first field session of each day, they will remain with us for the entire day (includes lunch and dinner) and then parents will pick up at the conclusion of the evening field session.
 - Day Camper Option 2 participants will be responsible for getting themselves back and forth between each field session.
- In order to get the most out of soccer camp experience please make sure a report to camp with a respectable soccer fitness level. Also, make sure that your soccer cleats are sufficiently broken in! (New cleats cause blisters).
- Check-out time for the Academy High School Camp will be between 3:30-4:00pm on Friday, July 23rd, 2010 at Colorado Mountain College, Alpine Campus, Steamboat Springs, CO.

The Schedule for Friday, July 23:

7:15	Wake-up call
7:30	Breakfast
8:45	Shuttle to the fields
9:00-10:45	<u>Field Player Session # 7:</u> – Emerald Field - Week in Review <u>Goalkeeper Session # 7:</u> – Emerald Field - Week in Review
10:50	Shuttle to the College
11:30-12:30	Lunch, start packing & cleaning room
12:30	Shuttle to the fields
12:45-2:45	Final SSA Tournament Match Games
2:45-3:00	Closing presentation and final meetings with your staff coaches.
3:05	Commuters Dismissed; Live-in participants shuttle to the College.
3:15-4:00	Clean up and pack up; check out of dorm rooms

What To Bring Check List
Steamboat Soccer Academy Select Camp

- ___ Pillow; sleeping bag or bed linens
- ___ A little spending \$ too purchase late evening pizza passes and snacks (optional).
- ___ Alarm Clock
- ___ Towels
- ___ Toiletries
- ___ 5-6 sets of soccer training gear. (recommended - white tops, black or dark shorts, and white soccer socks)
- ___ Shin Guards
- ___ Soccer Ball (please write your name on your ball with permanent marker)
- ___ Water bottle/jug
- ___ Warm-ups or training sweats
- ___ Rain or waterproof top
- ___ Equipment bag or backpack
- ___ Soccer boots (please make sure they are sufficiently broken in)
- ___ Training flats, running shoes, or sneakers
- ___ Old pair of tennis shoes
- ___ Casual clothes
- ___ Swimsuit
- ___ Sun block/sunscreen
- ___ High Energy snacks
- ___ Camera
- ___ Cell phone to check in with family.
- ___ Notebook pad and pen
- ___ A great attitude and a smile

Please tag or mark all your items with you name!!!

Directions to Steamboat Soccer Academy
Colorado Mountain College, Alpine Campus

Directions to Colorado Mountain College, Alpine Campus, Steamboat Springs: To get to Steamboat Springs from the Denver/Front Range area travel west on I-70 to the Silverthorne/Dillon exit #205. Take highway 9 north for 36 miles to Kremmling. Go left (west) on highway 40 for 51 miles to Steamboat. Go through downtown Steamboat and take a northwest turn on 12th street. Take a left turn on Bob Adams Drive. Follow up the hill to the college and look for the signs to Hill Hall. For precise directions from your departing location please go to www.mapquest.com

Colorado Mountain College

1330 Bob Adams Drive

Steamboat Springs, CO 80487

Further information:

http://www.coloradomtn.edu/campus_alp/home.shtml

<http://www.coloradomtn.edu/travel.shtml>

Steamboat Soccer Academy Health & Consent to Treat Form

Camp Session: _____

Camper: _____ DOB: _____ Mom: _____ Dad: _____

Address _____ City _____ St. _____ Zip _____

Contact Numbers:

Mom H: _____ W: _____ Cell: _____

Dad H: _____ W: _____ Cell: _____

Mom email: _____ Dad: _____

Emergency Contact Info:

Name: _____ Relation _____

Emergency Contact Numbers: (_____) _____

HEALTH & GENERAL HISTORY

On the back of this sheet of paper, please answer the following questions, if applicable:

1. The camper should be restricted from any activity.
2. If the camper will be taking medication during camp, please indicate name of drug and dosage.
3. Identify any medical conditions or medical history that would require special attention.

I hereby certify that the named camper is physically able to participate in the Sports Camp and that I know of no restrictions, physical impairments, or any other facts, which in any manner limit his/her participation in such a program:

Parental Signature: _____ Date: _____

HEALTH INSURANCE INFORMATION

Carrier Name: _____ Policy Number: _____

Policy Holder Name: _____ Policy Holder Date of Birth: _____

I, the parent (guardian) of _____, give permission for the named player to receive emergency medical or surgical treatment and hospitalization if necessary. I understand that every attempt will be made to contact me, or the emergency contact named above, before taking this action. I hereby waive and release the Steamboat Soccer Academy, its staff and employees, agents, management, coaches, and sponsors from any liability for any injury or illness incurred while participating in this camp. I UNDERSTAND THAT THERE IS RISK OF INJURY TO THE NAMED CAMPER AS A RESULT OF THESE ACTIVITIES, AND KNOWINGLY AND VOLUNTARILY ASSUME ALL RISK OF SUCH INJURY. I will be financially responsible for any medical attention needed during the camp or resulting from an injury received at the camp. My medical insurance shall be the primary insurance coverage for any medical treatment needed. I further understand that the Steamboat Soccer Academy (SSA) retains the right to use, for publicity and advertising purposes, photographs of campers taken at camp. I/we understand and acknowledge the risk upon entering events sponsored by SSA, I/we understand and appreciate that participation or observation of the sport constitutes a risk to me/ us of serious injury, including permanent paralysis or death. I/we voluntarily and knowingly recognize, accept, and assume this risk and release SSA, arena owners and/or lessees, their sponsors, event organizers and officials from any liability therefore.

Signed _____ Date: _____